



### **The Collection, Use and/or Disclosure of Personal Information**

WAKE Wellness only collects information relevant to the services we provide and has a comprehensive privacy policy in accordance with the current Federal and Provincial privacy legislations, the standards of our regulatory body, The College of Massage Therapists of Ontario (CMTO), the Massage Therapy Act, and the Regulated Health Professions Act.

At WAKE Wellness, Melissa Verburgh, RMT is the Health Information Custodian (HIC).

### **Why does WAKE Wellness need to collect, use and/or disclose your Personal Information?**

- To provide safe and efficient treatments through a baseline of health information
- To advise you of treatment options and/or communicate with other regulated health professionals in your "circle of care"
- To allow WAKE Wellness to contact you
- To invoice for goods and services and collect unpaid accounts
- To comply with The CMTO who conduct regular inspections across the province

### **How will WAKE Wellness protect your Personal Information?**

- Information is either supervised or secured in a locked area
- Staff and volunteers are trained in accordance with our privacy policy
- External agencies must enter privacy agreements with us
- Files are kept for at least 10 years after your last appointment with us
- Paper information is destroyed by shredding

### **Consent for the Collection, Use and/or Disclosure of Personal Information**

I have reviewed this information sheet explaining how and why WAKE Wellness will collect, use and/or disclose my personal information. If I need more information there is a Privacy Policy I can read at any time, which addresses these issues in detail. You can also contact the *Information and Privacy Commissioner/Ontario* at 2 Bloor Street East, Ste. 400, Toronto, Ontario M4W 1A8; Tel.: 1-800-387-0073; email: info@ipc.on.ca

By signing this Consent I agree to the collection, use and/or disclosure of my personal information for the purposes listed above and to the cancellation policy below.

#### ***Cancellation Policy***

Please be advised that WAKE Wellness requires **24hrs** notice for cancelled appointments. Appointments missed without notification will be billed accordingly.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_

## HEALTH HISTORY FORM

The information requested below will assist us in treating you safely. Feel free to ask any questions about the information being requested. If your health status changes in the future, please let us know.

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_ Birth Date(d/m/y): \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone:(home) \_\_\_\_\_ (Cell) \_\_\_\_\_ (work) \_\_\_\_\_

Email / Fax: \_\_\_\_\_ Occupation: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Have you had massage before? **Y N**

**Please indicate conditions you are experiencing or have experienced.**

<p><b>Cardiovascular</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> high blood pressure</li> <li><input type="checkbox"/> low blood pressure</li> <li><input type="checkbox"/> chronic congestive heart failure</li> <li><input type="checkbox"/> heart attack</li> <li><input type="checkbox"/> phlebitis/varicose veins</li> <li><input type="checkbox"/> stroke/CVA</li> <li><input type="checkbox"/> pacemaker/similar device</li> <li><input type="checkbox"/> heart disease</li> </ul> <p>Is there a family history of any of the above? Yes ____ No ____</p> <p><b>Infections</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> hepatitis</li> <li><input type="checkbox"/> TB</li> <li><input type="checkbox"/> HIV/AIDS</li> <li><input type="checkbox"/> skin conditions _____ (eg. psoriasis, eczema)</li> </ul>	<p><b>Respiratory</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> shortness of breath</li> <li><input type="checkbox"/> bronchitis</li> <li><input type="checkbox"/> asthma</li> <li><input type="checkbox"/> emphysema</li> <li><input type="checkbox"/> chronic cough</li> </ul> <p>Is there a family history of any of the above? Yes ____ No ____</p> <p><b>Other Conditions</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> loss of sensation _____</li> <li><input type="checkbox"/> diabetes (onset: _____)</li> <li><input type="checkbox"/> allergies/hypersensitivities</li> <li><input type="checkbox"/> epilepsy</li> <li><input type="checkbox"/> cancer _____</li> <li><input type="checkbox"/> arthritis _____</li> </ul> <p>Is there a family history of arthritis? Yes ____ No ____</p>	<p><b>Head / Neck</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> history of headaches</li> <li><input type="checkbox"/> history of migraines</li> <li><input type="checkbox"/> vision problems</li> <li><input type="checkbox"/> vision loss</li> <li><input type="checkbox"/> ear problems</li> <li><input type="checkbox"/> hearing loss</li> </ul> <p><b>Women</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> pregnant-due date _____</li> <li><input type="checkbox"/> gynaecological conditions</li> </ul> <p><b>In General</b></p> <p>Overall, how is your general health? _____</p> <p>Primary Care Physician: _____</p> <p>Address: _____</p>
<p>Current medications and the conditions they treat:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Are you currently receiving treatment from another health care professional? Yes ____ No ____</p> <p>If yes, for what? _____</p> <p>_____</p> <p>Surgery – date: _____</p> <p>nature: _____</p> <p>Injury – date: _____</p> <p>nature: _____</p>	<p>Do you have any other medical conditions? (eg. Digestive conditions, haemophilia, osteoporosis, mental illness) Yes ____ No ____</p> <p>If yes, what? _____</p> <p>Do you have any internal pins, wires, artificial joints or special equipment? Yes ____ No ____</p> <p>If yes, what? _____</p> <p>_____</p> <p>where? _____</p> <p>What is the reason you are seeking massage? _____</p> <p>_____</p> <p>_____</p>	